

Interviewing Tips

It is rare for anyone to get a job offer from a prospective employer without any competition. Good interviewing skills are necessary when competing with others for a job.

Sometimes, the best interviewee, and not the most qualified candidate, will get the job. Remember, you will never have a second chance to make a good first impression.

DO

- Your homework about the company prior to the interview.
- Get a good night's sleep before the interview.
- Dress for success. Don't wear blue jeans and/or tennis shoes. SJRMC expects candidates to wear, at minimum, business casual clothing.
- Arrive approximately 5 to 10 minutes early.
- Plan questions you want to ask.
- Be prepared to talk about your background, school activities/grades, and goals. SJRMC asks Behavioral Based Interview Questions – we want you to talk about your work experiences.
- Make eye contact and be attentive.
- Go to the interview alone.
- Give a firm handshake when offered.
- Relax! Be friendly and businesslike.

DON'T

- Dress inappropriately. Don't wear blue jeans and/or tennis shoes. SJRMC expects candidates to wear, at minimum, business casual clothing.
- Be too casual, chew gum or bring drinks.
- Show little enthusiasm about the company or the job.
- Give rambling answers to questions.
- Give brief, short, quick answers.
- Be late for the interview.
- Give a limp, fishy handshake.
- Use slang, cursing, or not speak clearly.
- Speak negatively about a former co-worker or manager.
- Fail to ask questions about the job or company.
- Appear to have little self-confidence.